
Run to Bala lake on Sunday 5th September

Posted by greenie - 2010/09/01 11:22

Hi guys.

I'm thinking of having a session at Bala on Sunday. It's a fairly light south easterley which will allow for some reaching for the full 4mile length of the lake (I think). I'll be setting off from northwich at about 9am arriving at Bala at 10:30 if anybody wants to come along. Anybody got any feedback on this? ie is it a bad idea?

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