
Windsurfing at Saundersfoot in South Wales

Posted by Catapult_Dave - 2008/07/22 12:37

Hi

Has anyone windsurfed in Saundersfoot. I have a two week holiday there on the 9th August and wondering what board to take.

Either my Naish Titan 110L with 5.25/6.25 sail
or my older and battered Bic Techno 135L with a 7.8 sail

What is the usual wind and waves there in August?

Any advice much appreciated

Dave

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